

Men's Therapy Centre (MTC)

Position: Contract Therapist (RCC & CCC Designations)

Multiple positions available

Terms: Fee for Service (Contract)

Starting Wage: \$75 per client session

Unpaid agency support includes monthly case consultation, individual & group supervision, periodic professional development opportunities.

Hours: Variable/Flexible (you build your own client schedule based on your needs/ other commitments)

Location: 301-3491 Saanich Road, Victoria, BC, V8X 1W8

Client sessions can be completed either remotely, in-person or a combination of the two.

APPLY BY: Please send a cover letter and resume to Chris Pettman, Executive Director: cpettman@menstherapycentre.ca. We are currently growing our team to meet the needs of the community and will be accepting applications throughout 2025.

Incentives:

- Flexible hours & time commitment
- Team environment for client care
- Clinical & administration supports (i.e. centralized billing, clinical supervision, case consultation)
- In-Person & remote employment options
- Use of our space for private practice (conditions apply)

Organization Overview

MTC is a small, but growing non-profit organization located in Victoria BC. We are committed to providing mental health support services to all men* (Two-Spirit, trans, and gender diverse community members) who have experienced trauma or abuse. MTC provides a range of trauma-informed services including individual counselling, group counselling, community education & workshops, outreach and victim services support. Often the men* who access our services come in with complex trauma experiences, including historical sexual, physical, emotional abuse. These men* are often vulnerable community members who are under resourced and face barriers to accessing other services.

Job Description

Our team of contract counsellors come from a diverse background of clinical practice frameworks and experience. We have the common goal of supporting male survivors through a trauma-informed practice lens. Our contractors have flexibility with both client scheduling and caseloads and can offer person-centred counselling work through in-person or virtual counselling services.

Working as a counsellor for the Men's Therapy Centre comes with the following incentives:

- Centralized billing (You will not have to bill your own clients)
- Unlimited client sessions (some restrictions apply for subsidized counselling programs)

- Individual and group clinical supervision with our in-house clinical supervisor (frequency depends on caseload)
- Centralized intakes through our victim services department
- Monthly group case consultation with an external expert in the field
- Access to a diversity of trauma-informed practices and practitioners that will enhance the quality of your client care
- Opportunities to use our space for private practice clients
- Professional development opportunities
- A collaborative team and learning environment
- Relational work culture that supports connection and deeper knowing among staff
- Additional support for your clients through MTC operations, victim services and outreach
- Flexible work schedule. You can schedule your own client appointments around other commitments
- Opportunities to work in specialized trauma programming such as group therapy
- High-quality organizational commitment to countering structurally oppressive forces, including but not limited to the ongoing impacts of colonization, racism poverty, and gender-based violence

Duties and Responsibilities for Contract Counsellor Position

- Provide individual therapy to clients, as assigned by either the Executive Director or Victim Services Coordinator, in an ethical and responsible manner.
- Provide professional therapeutic support for clients in our care that meet the therapeutic needs of the client and that align with the parameters of the MTC's mandate. Maintain counselling practices that are deemed safe, ethical, and client-centered.
- Participate in and uphold a healthy and collaborative workplace culture.
- Adhere to counselling best practices as defined by MTC, the BCACC, CCPA, and other associated regulators for counselling practitioners.
- Agree to take on new clients periodically as allocated by our Victim Services team.
- Commit to actively participating in monthly staff meetings, clinical supervision, clinical consultation, and periodic professional development.
- Keep all client files, data, and other information up to date, secure, confidential, and in accordance with P.I.P.A. legislation, disclosing information only within the guidelines set out in the agency, or when legally required to do so.
- Collect statistical information on the client population as required by the MTC to facilitate program development and evaluations.
- Schedule counselling appointments for clients.
- Maintain an average caseload of 8 client hours a week (negotiable).
- Complete administration tasks including MTC client files, informed consent forms, project reports, and case notes.
- Make referrals to appropriate internal and community resources on behalf of our clients.
- Support and work in accordance with the mission and vision of the agency as outlined in our agency's bylaws and constitution.
- Opportunities to engage in the development and delivery of special projects as approved by or requested by the Executive Director or Board of Directors.

Please be advised that this list of roles and responsibilities is not exhaustive and may be amended if both the employer and employee agree to the terms of the amendment.

Education and Skill Requirements

- Completed a Masters in Counselling Psychology and are registered with the BCACC, CCPA (or equivalent)
- Proof of professional liability insurance
- Previous experience in trauma-informed counselling and/or experience working with men in an emotional support role
- Demonstrate an ability and willingness to reflect on your own practice and the practices of the agency
- Knowledgeable on different therapeutic practice models and changes to these models, with an emphasis on trauma-informed practices
- Experience working with a team of clinical counsellors
- An understanding of how childhood abuse and adult trauma affects men* and the particular barriers (individual, societal, and systemic) that men* experience when requesting support
- Passionate about working with men from diverse backgrounds bringing an inclusive attitude to working with men or anyone who identifies as a man. Understanding the many intersecting layers of discrimination and oppression that contribute to violence in our society including, but not limited to, colonization, racism, homophobia, transphobia.
- Able to contribute and communicate effectively as a team member but also work independently as a contractor.

As a counsellor for the Men's Therapy Centre (MTC) you will work with men who have experienced physical, sexual or psychological trauma as adults or children. It is a requirement that you are able to work from a trauma informed perspective and uphold the vision and mission of the MTC.*

A current criminal record check (including a vulnerable sector check) is required for this position

If you have any questions about other questions about the position or your application, please contact our Executive Director Chris Pettman (cpettman@menstherapycentre.ca/250-381-6367).